

Social Media

Social media is an alternate, enjoyable way to socialise online. It also helps keep you connected with what is going on in your school community. However, online comments and photos can have a greater impact than expected, leading to potential consequences that affect individual reputations. This includes; friends, family, teachers, principals, parents, students and yourself.

Different Social Media Platforms

- Instagram
- Facebook and messenger
- Snapchat
- TikTok
- Youtube
- We Chat
- Whatsapp



- Twitter
- Tumblr
- Reddit
- Twitch
- Discord
- Houesparty
- Zoom
- Skype

Risks when misusing social media

- Cyberbullying
- Widespread of rumours and communication
- Potential triggering posts
 - Issues with Privacy
 - Hurt feelings
- Accidental viruses or malware
- Overuse compared to in-person socialising
- Potential connection with people you don't know in person
- Access to inappropriate content
 - Negatively impacts future employment eligibility

Recommendations and Tips

- Understanding the legal effects of actions on social media
- Refrain from posting mean things online, against anyone
 - Report posts and comments that are not appropriate
- Do not post negative things about the school online
- Alert school of misconduct online that affects yourself or another school member
- Understand once something is put online it is on the internet forever
 - Set time limits to keep you connected to the physical world
- Refrain from responding to inappropriate/negative content and alert someone
- Be considerate and responsible when using online platforms
 - Consider the consequences of actions

Need Support?

To make a referral or seek further advice from student wellbeing please contact the manager of student wellbeing on 98036811

