

News release
July 26th 2017

Mount Waverley Secondary College students help feed Victorians doing it tough

This Wednesday students from Mount Waverley Secondary College travelled to the FareShare kitchen in Abbotsford to chop, prep and cook meals for Melburnians doing it tough.

As part of the FareShare *Schools in the Kitchen* program, Vet Hospitality students cooked over 2000 meals during their session in the kitchen, whilst they learnt valuable lessons about the reality of hunger in the community, as well as issues around food waste and rescue.

Mrs Lyn Luongo Vet Hospitality Teacher from Mount Waverley Secondary College spoke about how rewarding the *Schools in the Kitchen* session was for the students.

"It was good for the students to learn about issues with waste of food and food insecurity," said Mrs Luongo

Courtney Olson from Year 11 found the experience fun and rewarding.

"It was rewarding to be able to help people in need with our cooking skills. I was surprised at how much food is wasted if it doesn't meet supermarket standards such as bananas that must be not too fat, too thin, too short or too long and must have a bend to be purchased. As a team the class worked really well together to produce and pack so many meals to be sent to charities to be distributed to families in need."

FareShare CEO, Marcus Godinho, says FareShare sees 100 schools come through the kitchen each year with each school making a tangible difference to food security issues in Melbourne.

"Our FareShare *Schools in the Kitchen* program is a valuable experience for kids, offering a unique opportunity for them to learn about the topics of food waste and hunger as they begin their own response to the issue through action.

"Through *Schools in the Kitchen*, FareShare aims to set a benchmark for e-learning whilst capturing useful lessons for young people on social justice engagement and volunteer programs."

The FareShare *Schools in the Kitchen* sessions run on Monday, Tuesday, Wednesday and Thursday mornings during the School term.

To find out more about the FareShare *Schools in the Kitchen* program or to get your school involved, visit <http://www.fareshare.net.au/schools-program/>.

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